

**SECTION:** CERTIFICATION

**SUBJECT:** Eligibility Requirement

**ITEM:** *Infant/Children: Nutrition Assessment Requirements--  
Determining Anthropometric Nutrition Need*



**Policy** At each certification the competent professional authority (CPA) shall determine whether an anthropometric nutrition need exists. The CPA shall use height and weight measurements.

- They may be obtained from a referral form,
- a medical or clinical record, or
- measurements obtained in the WIC clinic.

Staff shall document the source of anthropometric data on the Integrated Statewide Information System (ISIS) Health Information and Growth Chart screens. The choice of the code 'O' for Other requires an explanation using the Individual Comments Screen.

**Authority for policy** 7 CFR 246.7 (e)

**Determining need** Anthropometric nutrition need is determined by the CPA, using both ISIS calculations when available and professional evaluation of infant's/child's height (length) and weight. CPA's shall assess if inappropriate growth patterns exist.

**Time frame for anthropometric data** Height and weight measurements are required at each certification. Measurements shall be obtained no more than 60 days prior to the date of the certification.

**Measurements** If the height and weight measurements are not provided at the time the infant/child is certified, the local agency shall take these measurements in the clinic.

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## Assessment

ISIS will compare the height and weight measurements to the standards (WPM Sections 210.60.1 through 210.60.2 ) to determine if an anthropometric indicator of nutrition need exists for:

- birth length and weight, if appropriate, and
- current growth status: weight-for-height and height-for-age.

At this time, CPAs shall determine if an inappropriate growth pattern exists.

**Note:** Review of weight-for-age is optional

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## Documentation

Local agencies shall document the following anthropometric data in ISIS:

- height and weight measurements beginning with the appropriate "Health Information" screen, and
  - birth weight and length on the "Pregnancy Outcome" screen when:
    - a woman re-certifies from the pregnant category to the breastfeeding or non-breastfeeding category, or
    - the infant of a woman described above is certified.
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